



Local Advice Hub @St Margaret's Health Centre

April 2026

The sessions are drop-in but if you prefer an appointment time,
please phone the number detailed for the agency you wish to connect with.



(In case of last minute changes it can be beneficial to phone the agency first)

Tue 7th	10am - 12noon Community Link Worker - Community Connecting/Signposting Heather Nancollis - 01738 475575
Wed 8th	10am – 12noon Support Choices - Offers free independent information and advice about Self Directed Support and social care. We can support you at any point of your care journey 01350 729130 info@supportchoices.co.uk
Wed 8th	1.30pm – 3.30pm CATH will support with form filling – PIP, Universal Credit etc. 07955 333163 or 07739 858987
Thu 9th	2pm to 3.30pm Craig from the Heat Project will be here providing a free energy advice to households, helping them become more energy efficient and reducing energy bills 07868864418
Tue 14th	11.30am – 1.30pm PKC Trading Standards, Scam Awareness - Melanie will give advice and information on avoiding scams and dealing with cold callers 07557 214420
Tue 21st	10am - 12noon VOICEABILITY free advocacy regarding benefits and supporting people to be heard in decisions about their health, care & wellbeing. For all benefits under social security Scotland ages up to 66 079744 60994
Wed 22nd	10am – 12.30pm PKC Employment Support Team Job advice and help those who have learning disability, acquired brain injury, mental health issues or autistic spectrum diagnosis, physical disability and sensory loss 07442 934454
Wed 22nd	1.30pm – 3.30pm CATH will support with form filling – PIP, Universal Credit etc. 07955 333163 or 07739 858987
No sessions at St Margaret's HC	PKC Skills & Employment Offer support & advice on CVs, Job search, support after redundancy etc. Still available for help via referralsupport@pkc.gov.uk



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