

**Free - Two Nature Workshops:  
Hedgerows – Identification, Planting & Benefits to Wildlife  
Basic Remedies Using Locally Found Herbs  
Saturday 16th May - 11am-1pm & 2pm-4pm**



**Venue:** Llanfihangel-Rhos-y-corn Church Hall

*Please email [capeldewi@energylocal.org.uk](mailto:capeldewi@energylocal.org.uk) to reserve your place*

**Hedgerows – Identification, Planting & Benefits to Wildlife  
11:00am -1:00pm**

Join us for a friendly workshop designed for complete beginners. We'll start indoors with a presentation about Hedgerows, then head outdoors for a short, guided walk to have a look at some hedgerows. During this workshop we will cover identification of hedgerow species, different ways that hedgerows are managed, and the benefits of hedgerows.

**Basic Remedies Using Locally Found Herbs 2:00pm - 4:00pm**

We'll start indoors with a talk about wild herbal medicine, then head outdoors for a short, guided walk to find some common wild plants. We will finish indoors where we will make a plantain ointment.